



## Head Lice Prevention and Control Tips

### Parent Information

<p>In addition to regular screening, <a href="#">detection combing</a> and the use of lice treatment products (when live lice are present), here are some guidelines for preventing head lice transfer to other people and re-infestation. Get into the routine of checking your child’s head weekly even if they do not have active head lice. <b>This is especially important after school breaks, camps, or sleep overs. <a href="#">EARLY DETECTION</a> is essential for lice control and preventing re-infestation.</b> Remember, not all cases of lice are symptomatic.</p>	
<b>Towels and Bedding</b>	
Use a clean towel for every bath or shampoo. Store apart from other laundry and wash separately.	<input type="checkbox"/>
Wash bedding in hot water and hot dryer whenever live bugs are found and once per week until all nits are gone.	<input type="checkbox"/>
Limit bedding to sheets, blanket and one pillow until lice have been gone for 2 weeks. Change pillowcase frequently as long as nits are present and every time lice are found.	<input type="checkbox"/>
Put pillow in hot dryer for 20 minutes every time lice are found.	<input type="checkbox"/>
<b>Combs, Brushes, Hair Articles</b>	
Ensure each family member has own comb and brush kept separately.	<input type="checkbox"/>
Bag unwastable items, headbands for 2 weeks	<input type="checkbox"/>
Boil all brushes/combs for 10 minutes. Repeat daily until no evidence of lice is found. Repeat once weekly as a proactive measure.	<input type="checkbox"/>
<b>Furniture and Toys</b>	
Child with lice sits in a designated chair for 2 weeks.	<input type="checkbox"/>
Child is only allowed in their own bed.	<input type="checkbox"/>
Put all playthings used in past 2 days that are soft, fuzzy or have hair in sealed plastic garbage bags for two weeks – unless washable.	<input type="checkbox"/>
Items that have had contact with the head and neck that are not washable or dry cleanable should be put in sealed bag for 2 weeks.	<input type="checkbox"/>
<b>Vacuuming</b>	
Vacuum chair and floors every day or two for loose hairs	<input type="checkbox"/>
Vacuum carpet where child plays 2-3 times per week.	<input type="checkbox"/>
Vacuum all sides of child’s mattress	<input type="checkbox"/>
Vacuum floor after combing and nit picking	<input type="checkbox"/>
<b>Car</b>	
Vacuum car upholstery whenever live bugs are found	<input type="checkbox"/>
Child sits in one seat in the car and no one else sits there.	<input type="checkbox"/>



<b>Clothes</b>	
Wash all clothes that touched the head and neck in the past 48 hours or limit to 10-15 washed outfits for 2 weeks kept in a clean area to avoid washing all contaminated clothing. (Leave the rest in closets, dressers, or bags for 2 weeks).	<input type="checkbox"/>
Put in laundry after wearing one time – separate from other laundry.	<input type="checkbox"/>
Wash clothes in <u>hot</u> water and dry on <u>hot</u> setting.	<input type="checkbox"/>
Put away "dress up" clothes when there are head lice (wash or place in sealed plastic bag if used recently).	<input type="checkbox"/>
<b>Jackets and Hats</b>	
Keep hat, mittens, and scarves in sleeve of jacket.	<input type="checkbox"/>
Hang jacket away from other jackets, clothes, or upholstery.	<input type="checkbox"/>
<b>School, Daycare or Friends Homes</b>	
Contact school or day care and investigate where child hangs coat, hats, naps, etc. Keep cots and blankets for napping separate.	<input type="checkbox"/>
In places where a child does not have a separate cubby or locker have children place coat, jacket, hat and scarf in a plastic bag.	<input type="checkbox"/>
Avoid participating in activities where there is a greater chance of head-to-head contact until the issue is resolved.	<input type="checkbox"/>
Encourage children not to share their hats, clothing, hairbrushes/combs, and hair accessories with other children and to avoid head-to-head contact.	<input type="checkbox"/>
Ask daycares/day homes remove play clothing, blankets and soft furnishings until the issue is resolved.	<input type="checkbox"/>
Call parents of friends your child has played with in the past two weeks and advise them to check heads.	<input type="checkbox"/>
If child shares a locker have school notify the other parent/guardian to check their child's head.	<input type="checkbox"/>
Find out whom your child sits by on the bus and advise parent to have them checked.	<input type="checkbox"/>
Avoid going to school, daycare or visiting others until live lice has been treated with an approved product following the pharmacists' instructions and regular <a href="#">detection combing is being done</a> .	<input type="checkbox"/>
Avoid places or take precautions where lice can spread easily (e.g., camps, sleepovers).	<input type="checkbox"/>
Notify teacher or daycare provider every time your child has lice.	<input type="checkbox"/>
Send a separate bag to school for your child's jacket, hat etc.	<input type="checkbox"/>
Keep long hair in braids or tied up in ponytail.	<input type="checkbox"/>