



COVID-19 Lamont County Region Community Supports

Counselling (via telephone):

1. Mental Health Lamont Community Health Centre (780) 895-5817
2. Primary Care Network Fort Saskatchewan (780) 997-0046
3. Primary Care Network Vegreville (780) 853-6966
4. Vegreville Counseling Services (780) 632-2714
5. Fort Saskatchewan Counseling Services (780) 992-6267
6. Mental Health Help Line 1-877-303-2642
7. Support Network Crisis Line 1-800-661-4606
8. Addictions Info & Support 1-866-332-2322
9. Family Violence Info Line 310-1818
10. Farmer Distress Line 1-877-303-2642
11. Psychologists Association of Alberta (780) 424-0294 paa@paa-ab.ca

Note: Counselling for First Responders Only

Text for Hope: Alberta Health Services text message subscription to send messages of encouragement during the COVID-19 pandemic - Albertans can text COVID19hope to 393939 to subscribe.

AFTER HOURS SUPPORT:

1. Health Link (24 hour) 1-866-408-5465
2. Crisis Line 1-800-482-4357
3. Adult Access 24/7 (780) 424-2424
4. Kids Help Phone 1-800-668-6868

Family and Youth Support:

1. Family and Community Support Services (FCSS) 780-895-2233 or toll free 1-877-895-2233
2. Family Resource Network (formerly Parent Link) 780-895-2233 ext 244 or toll free 1-877-895-2233 ext 244
3. Vegreville Childrens Services 780-603-2500
4. Fort Saskatchewan Childrens Services 780-992-6700

Seniors Support:

1. Family and Community Support Services (FCSS) 780-895-2233 or toll free 1-877-895-2233
Provides information, referral and telephone support

Financial Support:

1. Alberta Supports - Income Support: New applications call 1-877-644-9992
For those currently receiving services please call 780-632-8686
2. AB Government website: www.alberta.ca/covid-19-supports-for-albertans.aspx
3. EI Telephone Information Service 1-800-206-7218
4. Can. Government website: <https://www.canada.ca/en/department-finance/economic-response-plan.html>
5. Credit Counseling of AB 1-888-294-0076
6. The Debt Stress Line 1-800-463-3328

