



Parenting and adolescent social-emotional development in daily lives

Research Information

Dr. Yao Zheng (Assistant Professor, Department of Psychology, University of Alberta, 780-492-0187), and his research team are looking for parent-youth pairs to participate in a study examining their daily experiences, mood, and family relationships. Both parenting and adolescent social-emotional development happen on a day-to-day basis, influenced by parents' and adolescents' daily experiences and activities. Therefore, it is important to examine the relationships between parenting and adolescent development at daily level. We would like to invite you and your family to participate in this study. There may be no direct benefits to you but we will provide monetary compensation for your participation. Any parent-youth pairs who live at the same address and be able to answer questions through the internet can participate in this study. Parent-youth pairs would answer a few questions in a 45-minute-long baseline survey and then for about 5 minutes (may take 7 or 8 minutes for some) daily for a consecutive month (a total of 30 days) in Spring or Fall 2019 about their daily experiences, activities, and feelings of the day.

The primary goal of this study is to identify daily experiences and activities that are related to parents' and youths' mood and family relationships. We aim to generate knowledge about the links between parenting practices and adolescent social-emotional development in their daily lives and how these links are influenced by their daily experiences and activities.

Parent-youth pairs who wish to apply are required to live at the same address, and be able to answer questions through the internet. After applying, parent-youth pairs will first be asked to complete an initial baseline measure online. This questionnaire will take about 45 minutes. Each individual will be provided a personal account and password to complete the baseline study and subsequently the online daily diary study, which will take about 5 minutes to fill out each day. You can participate these surveys at any places you like. You can take as much time as you want to fill out survey questions. You can still participate in the remaining of the daily surveys if you miss one or several days. During all survey stage, you can skip any question(s)

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that you do not want to answer. Your responses to the survey will be confidential such that your children or parents will not know your responses. After the completion of the study, we may contact you to provide newsletters that summarize the progress and findings of the study, and may contact you in the future for follow-up study opportunities. You can still participate in the study if you do not want to receive newsletters or be contacted for future follow-ups. You can also inform us if you do not want to receive newsletters or future invites for follow-ups.

There may be no direct benefits to you. However, we will provide summary of research findings to those interested and they could be helpful information to you. The daily diary nature of the study might also be a nice way for you to review your daily experiences and feelings. At the completion of the month study period (a maximum of 10 missing days allowed; that is, a minimum of 20 daily survey participation), each person will be compensated \$45 in gift cards (provided through emails) as an honorarium for their time. Both parent and child from the same family will receive their \$45 compensation, respectively (i.e., no sharing). Please note that participants who withdraw in the middle of the survey before its completion will not receive any compensation. We are still able to use partially completed data for those who withdraw or drop out in the middle of the survey. However, you can inform us to withdraw your data completely until the last (i.e., 30th) day since you start your daily survey. The research outcome will fill in an important gap in developmental research, and provide the first evidence of daily links between parenting and adolescent development in Canadian families. The scientific community both nationally and internationally will gain a further understanding of the developmental processes of the dynamics between daily parenting and adolescent development.

There is no foreseeable risk in participating in this study. In rare occasions you might find some questions discomforting but you can skip any questions that you do not want to answer. The participation time might be taxing for some participants and you can take as much time as you would like to complete the study.

Your personal information will not be shared with a third-party. Only Dr. Yao Zheng and research assistants in this project will have access to your personal information. All data obtained will be stored under lock and key, and will be password protected. Your data and your personal information will be separately stored. The anonymized data will only be available to undergraduate and graduate research assistants, and Dr. Yao Zheng. Findings based upon collected data will be presented at academic conferences and community outreach settings, and published in academic journals. You will not be identified in any presentations or publications. Anonymized data may also be used in secondary research studies with collaborators. The university Research Ethics Committee also has the right to access and review data. The study data and identifiable information will not be destroyed before we plan follow-up studies in the future.

Your participation in this study is total voluntary. You can stop your participation at any time — even in the middle of the study. You can contact us to withdraw from this study until the last

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day of the survey (the 30th days since you start your daily diary survey). You can also contact us to withdraw your data during the study until the last day of the survey. However, you will not be able to withdraw your data once the study is completed (since you finish your daily diary survey).

The plan for this study has been reviewed by a Research Ethics Review Board at the University of Alberta (Pro. 00088543). If you have any questions about the study or would like more information, you can contact us by phone (780-492-6573) or email (adlab@ualberta.ca). If you would like to know more information about our lab, or this study, please visit our lab website at <http://sites.psych.ualberta.ca/ADlab/> . If you have any questions about your rights while participating in a study, or questions about how a research study should be conducted ethically, please call 780-492-2615. This office is independent of any research studies or researchers.